



**“Lead, Develop, and Promote Positive Hockey Experiences.”**

## **Arthur Minor Hockey Association Return to Play Plan**

This plan has been developed by the Risk Management Committee of the Arthur Minor Hockey Association and is in accordance with the Guidelines of the Township of Wellington North and of the Wellington –Dufferin –Guelph Public Health Unit. The points addressed in this document are in conjunction with the Ontario Hockey Federations Return to Play Framework

- 1. Assigned person to monitor updates:** Tim Boggs – Administration Manager for Arthur Minor Hockey will monitor updates and post information on our website [www.arthurminorhockey.com](http://www.arthurminorhockey.com).
- 2. Meeting with facility:** Jay Bingelman the Arthur Minor Hockey Association Ice Scheduler met with the Township of Wellington North contact Tom Bowden on September 14, 2020 to discuss ice rentals and procedures set in place for the facility. The ice is scheduled to be installed in the first week of October. Please refer to the media release by the Recreation Department of the Township of Wellington North at <https://wellington-north.com/content/news-updates/09-24-2020-reopening-of-facilities-from-the-director-of-operatio.pdf>.
- 3. Team staff responsibilities specific to practices:**
  - Coaches are to review the Hockey Canada Safety Guidelines
  - Bench staff must review The AMHA Return to Hockey plan
  - Coaches are to hold a parent/guardian meeting with the participants and their parents/guardian to discuss the AMHA Return to Hockey Plan. An attendance should be taken and submitted to AMHA for records. This meeting must be done in a social distance method via out-doors i.e.: parking lot, outside the exit doors (not blocking the doors)
  - Members of the bench staff must maintain physical distancing with players whenever possible.
  - When bench staff cannot physically distance, they must wear a mask.
  - Masks must be worn when on bench
  - Trainers should wear non-latex gloves when handling equipment, doors or when treating a participant
  - Equipment used by participants during sessions must be disinfected after use
  - Drills and exercises are to be done while maintaining physical distancing
  - A team manager must record and screen those entering the arena using the Health Screening Questionnaire. These questionnaires need to be collected and retained for minimum 30 days

- In the event that a participant has been flagged for symptoms, they are to be turned away and reported to the AMHA Risk Management Committee
- Coaches can research plans for social distance practices via the Ontario Hockey Federation Website, and through this Guide  
[https://www.ohf.on.ca/media/ijxhujsn/hc\\_rth\\_safeguide\\_alternativeskillsinstruction\\_8-5x11\\_eng\\_1.pdf](https://www.ohf.on.ca/media/ijxhujsn/hc_rth_safeguide_alternativeskillsinstruction_8-5x11_eng_1.pdf)

#### **4. Arrival at facility**

- The main entrance will be the only entrance for all facility users, and the exit will be the double doors at the back of the hallway by the entrance to the ice surface (between change rooms 3 and 4).
- All groups (teams) will be required to monitor the entrance and exits and ensure that proper procedures are followed in regards to contract tracing. All players/coaches must wear their masks or facial coverings while entering the facility and while in the change. Before players/coaches exit the change room to enter the ice surface they are permitted to remove their mask.
- Change rooms will be available 15 minutes prior and after a practice/game. Players are encouraged to come to the arena dressed and are encouraged to put on skates and helmets only in the change room. A maximum of 10 participants are allowed in the change room at any one time, two change rooms will be provided for each rental.
- No more than 25 participants on the ice and 25 spectators are granted access. The lobby (warm area) will be off limits to spectators.
- Participants will be asked to head directly to their dressing rooms once entering the facility and the subsequent ice surface. Players are to stay in their rooms until the ice is ready and they will proceed onto the ice through the designated ice entry point in a physical distanced format. Players who just exited the ice surface have 15 minutes to change and exit the facility through the identified ext. No player is allowed to exit the dressing room until other players have fully entered the ice surface.
- There will not be keys provided for locking change rooms. If a group would like a room locked they will need to contact the facility staff. It will be the responsibility of the organization to monitor physical distancing and direct people to the appropriate locations.
- The front doors will be open 15 minutes prior to rental and will be closed and locked once all participants have arrived. The organization will be responsible for contacting facility staff to lock the doors.

#### **5. Departure from Facility:**

- Participants and spectators who are within the facility will not be permitted to exit through the main entrance.
- Participants and spectators will be asked to leave using the fire exit doors near the dressing rooms side of the building (between dressing rooms 3 and 4). This is to avoid cross over of the public/rental groups.

**6. Hygiene Requirements, Physical Distancing in the Facility, and Guidelines around dressing rooms and showers:**

- Participants/Coaches/Parent/Guardian **must use** the Alcohol-based hand sanitizer while entering the building at the entrance and following each practice/game. ABHS will be provided at the entrances and exit doors.
- All participants/coaches and parent/guardian entering the facility will be required to wear face coverings whenever moving throughout the facility. Spectators must wear face covering while viewing the ice rink from the designated viewing area.
- Parents/Coaches should ensure that participants understand the proper way to clean their hands and cover their cough or sneeze
- Participants are asked to physically distance and wear a face covering within the dressing room. Face coverings will be removed by the participant when they put their helmet on.
- No Spitting is allowed on the floors or the facility or on the ice.
- Twp. Of Wellington North Recreation Staff will oversee daily cleaning and sanitizing of all high touch surfaces. Their Staff will have all the dressing rooms cleaned and sanitized before use and before the next group will be allowed in the building.
- Coaches/Team Mangers will be responsible for disinfecting the on-ice doors of the benches and “skate helpers.” Product will be provided by the Twp. of Wellington North.
- Use of Showers is off limits for the 2020-2021 hockey season.
- Washrooms are open on an emergency basis only.
- Food/snacks are discouraged this season at the arena.
- Equipment: should be washed and sprayed with a disinfectant after each training session following manufacturer’s guidelines (jerseys, pant shells, sock) It is important to ensure equipment is clean.

**Game Play Hygiene requirements:**

- Pre-game & post game handshakes have been eliminated.
- Referees should verbally greet coaches with a distance in place. No handshakes exchanged with Coaches and Referees.
- Towels should be only on the bench under the guidance of the trainer and for emergency use only. A towel should be used once and then take off the bench and washed.
- Paper towels/tissue can be on hand to wipe the face or blow nose on the bench away from other players. Ensure tissues are properly disposed of.

**7. Physical Distancing during on ice sessions:**

- There are no off ice warm ups to be done in the arena
- Masks are to be worn upon entering the arena or when physical distancing can not be maintained. Masks can be removed once a helmet is put on for the ice session and must be put back on once helmet is removed
- Physical distancing must be maintained in the change rooms, on ice and on the bench.
- There is absolutely NO SPITTING in the arena
- A participant shall not touch another participants equipment or belongings

- Players must have their own water bottles with their name clearly labelled. Water bottles will be provided by AMHA.
- There is to be one bench per team used during sessions

**8. Requirements for parents/guardians at the facility:**

- All parents are required to review the guidelines we are setting for Arriving, Duration and Departure of all AMHA scheduled practice and game ice times. We need AMHA parents cooperation to keep yourselves, your children, our bench staff, our Board members, game officials and the arena staff all safe so we can have the best year possible.
- When preparing to attend a practice or game, if any symptoms set forth in this guideline are present, you must keep the player home and follow guidelines on Covid. If no symptoms are present, you will need to have the participant mostly dressed prior to entering the facility no more than 15 minutes prior to scheduled ice time and enter via designated doors.
- There will be a questionnaire and tracking sheet to be completed at every schedule practice and game. A dressing room will be assigned and available to complete the dressing the player of skates, helmet, neck guard and gloves with only one parent permitted. One parent will be permitted to remain to view the ice time for safety purposes but must maintain all indoor Covid guidelines.
- The same time frame is required at the end of the ice time and you must vacate the facility within 15 minutes from the end of the schedules ice time and exit via designated doors. No loitering is allowed.
- Hockey Canada Safety guidelines, OHF Return to Hockey Framework and Ontario Public Health A Framework for Reopening our Province are all available on [https://arthurminorhockey.com/Pages/2417/Covid\\_Corner/](https://arthurminorhockey.com/Pages/2417/Covid_Corner/) please check for updates regularly.

**9. Procedure if participant is sick:**

(Info take from Hockey Canada's Return to play Safety Guideline Section 7 - Document enclosed)

**Scenario 1.) Should any participant be experience signs and symptoms of illness while at the facility:**

- Participant must advise team staff immediately.
- Participant will be asked to retrieve their mask right away and will be asked to leave the facility right away. Call Public health line to determine if you should be tested or wait the 14 days in isolation.
- If Parent/guardian are not at the facility, the participant will be sent to a designated isolation area till they can be picked up.
- Participant will require a note from their Physician explain their symptoms or a Negative Covid test result to return to activity.
- The team manager/coach will be required to make note of this and notify Wellington Dufferin Guelph Public Health Unit, as well as AMHA Risk Management Committee.

**Scenario 2.) Participant advises team staff they are not feeling well and will not be attending:**

- Participant is advised to follow up with their physician. They will require a note from their physician to return to activity or self isolate with no symptoms present after 14 days.
- Any participant with suspected or confirmed COVID-19 should not return to the hockey environment until all Public health authority steps have been completed. They will require a Covid-19 negative test or a note from their physician.
- If participant is confirmed to have COVID-19, refer to the next bullet for recommended communication.
- The team manager/coach will be required to make note of this and notify AMHA Risk Management Committee.

**Scenario 3.) Participant advises team staff they have symptoms of Covid-19 and will not be attending:**

- If participant has Covid-19, they must follow all Public Health guidelines.
- They must not return to hockey till all symptoms are gone and have a negative Covid-19 test result.
- The team manager/coach will be required to make note of this and notify AMHA Risk Management Committee.

**Scenario 4.) Participant tests Positive for Covid-19:**

- Immediate removal from hockey environment for anyone in the same home.
- Report to public health or physician and follow their guidelines
- Note of negative test is required to return to play after all symptoms have cleared up.
- The team manager/coach will be required to make note of this and notify AMHA Risk Management Committee who in turn will notify the OMHA.

**Local Test Centre location:**

**Legacy Groves – 235 Union Street East Fergus Ontario – 226-383-2415**

**Hours – Monday, Wednesday, Friday – 10:00 am to 6:00 pm (closed from 12:30pm to 1:30pm)**

**Harriston Seniors Hall – Opening Oct.5, Tuesday and Thursday by appointment – 85 Arthur Street Harriston Ontario**

**10. OHF Health Screening Questionnaire & Contract Tracing:**

- See attached: volunteer to record info and information to be stored for 30 days

**11. Player Bubble Leagues:**

- Cohort (Bubble) groups will be set up with neighbouring towns in our Public Health Unit. These include: Drayton, Mount Forest, and Minto. Bubble groups of 50 players will be established between these towns.



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Arthur Minor Hockey Risk Management Committee members included Ann Warnaar, Jenny Bodz, Tim Boggs, Jay Bingelman and Kendall Woeschka. Thank you for taking the time to read this document. We appreciate your cooperation in this very unique year. Please keep in mind that we are all in the same scenario and in this together. This year is about keeping the kids on the ice and improving their skill level the best we can. To keep everyone safe we must follow the guidelines placed upon us from those who set the rules.